

Respected, Solid, Tried-and-true, Unmatched, Victorious, Willow, eXperimentor, spunk Y, glitZY

Dear Andrea,



Andrea's words to live by...

NEVER GIVE UP

There are times when challenges and conflicts in our every day lives seem to sabotage the good intentions of our goals. However, this is the perfect time to turn these moments into opportunities through courageous actions and keep plugging along. By Andrea Patrick Forte.

If they say you can't, if they say you're not strong enough, if they say no one has ever done it before, say to them, "Just watch!"

I always think of the phrase 'throwing in the towel' when I am thinking about giving up. The phrase 'don't throw in the towel' has its origins from the boxing ring when the referees would throw in a white towel when their fighter was giving up or couldn't continue on with the fight. I never want to be known as a quitter and so throwing in the towel is just not an acceptable option in my life. My advice to you is to think about the dedication and training it takes for a fighter to become great and maybe this might inspire you to persevere while pursuing any of your personal or professional goals.

"Champions aren't made in gyms. Champions are made from something they have deep inside them... a desire, a dream, a vision. They have to have last-minute stamina, they have to be a little faster, they have to have the skill and the will. But, the will must be stronger than the skill."

~ Muhammad Ali

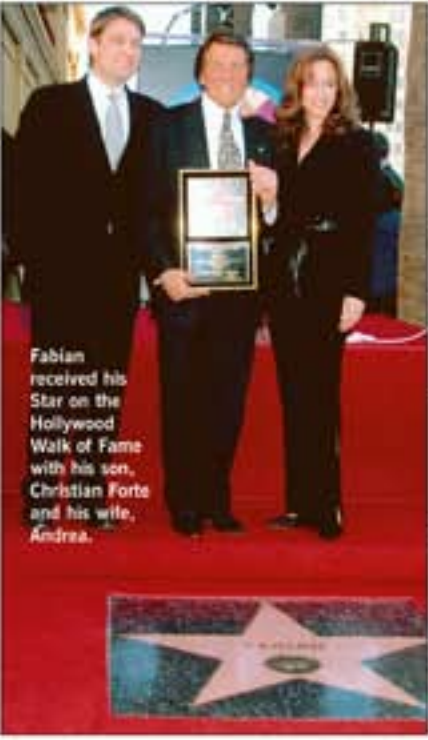
I have chosen to quote one of the greats in boxing, Muhammad Ali, as I have always admired his tenacity, charisma and belief in never giving up. I also view Mr. Ali as a true survivor and worthy of all of the accolades placed upon him. Because of his celebrated career, in January 2002, this boxing legend was honored with a star on the world famous Hollywood Walk of Fame in Los Angeles. In a break from tradition, Ali's star was mounted on the wall of the Kodak Theater complex instead of being embedded in the sidewalk on Hollywood Blvd. I remember this day very well.

Another true survivor and the epitome of never throwing in the towel, was honored alongside Muhammad Ali. On January 8, 2002, I stood beside Johnny Grant as he presented the 2,188th star to my husband, rock 'n roll icon, Fabian. My husband started his career at the age of fourteen and is still performing around the country today. These are two exemplary careers defining the true meaning of never giving up!

Don't ever feel that you can't escape or that you don't have any options if you hit a brick road. We all have been given the keys we need to release us from our self imposed prisons. And, when you feel overwhelmed, stressed out or that you just can't keep going... choose the path of freedom and strength and always try to develop a winning attitude.

ANDREA'S TIPS

- Refresh your attitude!
- Restore your body & mind!
- Rejuvenate your thinking!



Fabian received his Star on the Hollywood Walk of Fame with his son, Christian Forte and his wife, Andrea.

Awe-inspiring, Bold, Confident, Dedicated, Enduring, Focused, Grateful, Hopeful, Incomparable, Jocular

Pioneer, Of- the-moment, Nimble, Mind-blowing, Hopeful, Lean, Kittenish

Dear Andrea,
I have an important casting coming up. Do you have any tips for me?
Camille
Miami, FL

Dear Camille,
The number one tip I can give to you is to be prepared! Know your craft. There is no substitution for professional training and experience and auditions are your way to market your skills and demonstrate your value to the industry.

I would also suggest for you to know who you are auditioning for. If this is a TV casting, learn about the style or genre of the project or its creators. Likewise, watch TV and get familiar with the show. If this is a modeling casting, the same applies as far as the research. A smart model is a model who is one step ahead of her competitors. Once you are at the audition, remember not to let anything throw you! You have a right to be there. When other actors/models in the room don't look like you, think about yourself as 'the other way to go'.

Sometimes casting sessions are about exploring options, so stay confident and show them how you would do the role

and never let them see your insecurities... only your uniqueness. Walk in confidently, take charge of how you want to work, do your job and get out of the room. (Always leave them wanting more.)

Once you've left the audition, let it go! You can have a great audition and still not get the job. A professional acting/modeling career involves more auditioning than actual booking, so if your audition doesn't win you the job, it may bring the next opportunity and with enough opportunities the jobs will come. Perseverance pays off!

Dear Andrea,
I have been told that I have an edgy/editorial look, not commercial. I'm not sure what this means.
Tala
Las Vegas, NV

Dear Tala,
A commercial look is more wholesome, 'girl next door'. An all around edgy/editorial look is something that would be considered more unique. However, if you have been told you have this look, don't feel you should be pigeonholed into thinking that this is all that you can achieve. Take for instance, Jasleen

Gonzales, the Season 8 winner from *America's Next Top Model*. She is the perfect example of a model who kept being told that she was edgy. However, the winner of this show is given a modeling contract with CoverGirl. Jasleen needed to be able to achieve that pretty, wholesome look in her photo shoots for the CoverGirl segment and not be so edgy, which is part of the reason she did eventually win.

I feel you need to show a range of looks in your book even though you may fall into a particular category more than others. I also wanted to quote Jasleen as she is also an example of never giving up being that she competed twice for *ANTM*. Here is what she had to say: "It starts out with confidence and believing in yourself, your dream, and that's what I had. I was driven and determined that this is possible. This is something I want. I believe in it. That's what gave me the drive. That's what people gotta figure out nowadays. This is America and this is the land of opportunities. It's about believing in yourself and believing in what you want because it will happen."

So, my wish for you is that you find the courage of conviction and the strength to persevere because...

Andrea's neccdots

Behind every success is endeavor...
behind endeavor is ability...
behind ability is knowledge...
and behind knowledge is a seeker who becomes a success.



So, I want you to:

Be Fearless - Be Free - Don't Quit & Never Give Up

Everything I am or ever hope to be, I owe to my heroic angel Mom! Andrea

GOTTA QUESTION! You need to write to me! I want to talk to you. I am so proud to be affiliated with such a prestigious publication and delighted to offer to other models what I have learned as a way of giving back to an industry that has been so good to me.

E-mail me anything related to modeling that you would like to ask me to: andrea@patricktalent.com. And, your questions just might get answered in the next issue of SU!

Andrea Patrick Forte is the CEO and owner of Patrick Talent Agency - a national leading provider of television show hosts, models, spokesmodels, and top entertainment. Magazine model, Hollywood actress and a former finalist in the Miss America and Miss USA pageants, Andrea has proven that having a dream and working hard to achieve it shows that dreams really can come true. For further information, visit: www.patricktalent.com.